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International Society for
Traditional, Complementary
& Integrative Medicine Research

 European Society of
Integrative Medicine

A panoramic view of Rome, Italy, showing various domes, spires, and classical architecture under a clear sky.

2ND WORLD CONGRESS OF INTEGRATIVE MEDICINE AND HEALTH

Rome - September 20-23, 2023

ANGELICUM CONGRESS CENTER

18th International Congress on Complementary Medicine Research (ISCMR)

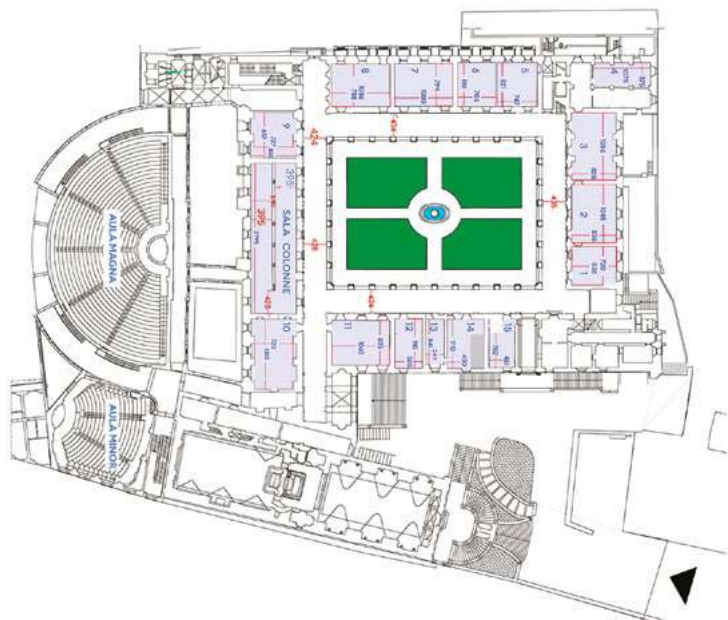
15th European Congress for Integrative Medicine (ECIM)

11th ARTOI International Conference



ANGELICUM CONGRESS CENTER

Largo Angelicum, 1 | 00184 Roma



GREETINGS FROM CONGRESS PRESIDENTS

Dear Colleagues,

As presidents, it is our pleasure to welcome you to the 2nd World Congress on Integrative Medicine & Health (WCIMH) in Rome September 20-23, 2023.

This event also marks the 18th International Congress on Traditional, Complementary & Integrative Medicine Research (ICCMR), the 15th Congress for Integrative Medicine [ECIM] and the 11th ARTOI International Conference (ARTOI).

The 2nd World Congress WCIMH arises from multiple needs: first of all, that of selecting and presenting the best research activities conducted worldwide, in the experimental and clinical fields, on traditional, complementary and integrative medicine and health. Research that aims to advance theoretical knowledge and expand and diversify concrete applications to benefit people's health and well-being.

For this reason, ample space is reserved for the various and numerous experiences of integrating complementary medicine into health resources and even more within healthcare systems worldwide. The values of this Congress are the strong international imprint we have left, focusing on the experiences made in every corner of the planet, always supported by the best scientific evidence available, and including treatment systems that have their roots in millenary traditions.

We defined several exciting congress topics including integrative oncology and the range of therapies for the person with cancer, in the awareness that the patients require and deserve a global approach aimed not only at improving their physical symptoms but also attentive to optimizing their emotional and mental well-being.

The clinical practice of traditional, complementary, and integrative medicine is the protagonist of many sessions, together with the deepening of research topics - basic, translational, and clinical - and the training of therapists and healthcare professional.

A global and integrated approach to well-being also means multidisciplinary collaboration between the various professional figures, synergy in the definition of an authentic path towards health: we, therefore, give importance to holistic treatments such as massage, mind-body techniques, touch therapy, healthy nutrition and physical activity, as an essential foundation for promoting a lifestyle that nourishes and sustains health.

Specific sessions are dedicated to the central themes of pediatrics because the child's health is the basis of the well-being of adults and society. Furthermore

an important and a actual focus will be on post-infectious diseases in the world scenario redesigned by COVID-19 and finally we will highlight the topic art and medicine, to work out the importance of art treatment for medicine and to reflect what medicine in art work.

Last but not least: the WCIMH takes up and relaunches the challenge of consolidating an international network of researchers, clinicians, and therapists in the beautiful town of Rome, The objective of this community should be to commit to promoting comparison, dialogue, and exchange of ideas, practices, and experiences - within our field and with conventional medicine - to advance together towards health for all, with respect for nature, the environment, and all living beings that inhabit the planet.

There is a saying: "All roads lead to Rome". We welcome you with great enthusiasm to the 2nd WCIMH in Rome in September 2023.

CONGRESS PRESIDENTS

Ting Bao

Massimo Bonucci

Benno Brinkhaus

Sian Cotton

Holger Cramer

Elio Rossi

Amie Steel

Claudia Witt

SPONSORS





Tiberia Hospital
Roma



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PATRONAGE



COMMITTEES

CONGRESS PRESIDENTS



Ting Bao

Co-Director, Zakim Center for Integrative Therapies and Healthy Living, Dana-Farber Cancer Institute, Massachusetts, U.S.A.



Massimo Bonucci

University Professor, Oncologist, President of ARTOI (Foundation for Research of Integrative Oncology Therapies), Italy



Benno Brinkhaus

President of ESIM (European Society of Integrative Medicine) - Professor of Medicine - Director of the Complementary and Integrative Medicine Research Unit - Deputy Director of the Institute Charité - Universitätsmedizin Berlin - Institute for Social Medicine, Epidemiology, and Health Economics Berlin, Germany



Sian Cotton

Director and Professor, Turner Farm Foundation Chair - Osher Center for Integrative Health at the University of Cincinnati, Ohio - USA - Vice-Chair, Academic Consortium for Integrative Medicine and Health, ACIMH



Holger Cramer

University Professor, Institute for General Practice and Interprofessional Care, University Hospital Tübingen, Germany – Scientific Director, Robert Bosch Center for Integrative Medicine and Health, Bosch Health Campus, Stuttgart, Germany – President of ISCMR (International Society for Traditional, Complementary & Integrative Medicine Research)



Elio Giovanni Rossi

University Professor, Director of the Tuscan Regional Center for Integrative Medicine. Former Head of Homeopathy Clinic AUSL North-West Tuscany, Lucca - Regional reference structure for homeopathy, Italy



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Director of the Institute for Complementary and Integrative Medicine specialties - Mind Body Medicine - Integrative Medicine - Integrative Oncology - Departments Institute for Complementary and Integrative Medicine, Zurich

INTERNATIONAL ORGANIZING COMMITTEE

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Franco Tomassi

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University Hospital Tübingen, Institute of General Medicine and Interprofessional Care, Germany

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School of Health and Biomedical Sciences, STEM College - Victoria, Australia

GUEST SPEAKERS

Prof. Kim Sungchol

Director of the Unit of Traditional Complementary and Integrative Medicine - World Health Organization

INVITED SPEAKERS

GIACINTO BAGETTA

Professor of Pharmacology, Department of Pharmacy, Health Science and Nutrition - University of Calabria, Italy

ERAN BEN-ARYE

Co-Founder of Haifa Oncology Service, Lin Medical Center - Primary Researcher of the Middle East Research Group in Integrative Oncology (MERGIO) within the Middle East Cancer Consortium (MECC) - Member of the Society for Integrative Oncology (SIO) Board of Trustees, SIO Regional Ambassador to Europe and the Middle-East - Israel

FRANCESCO BOTTACCIOLI

Founder and Honorary President of the Italian Society of Psychoneuroendocrinology (SIPNEI) - Postgraduate training - L'Aquila University and Rome Tor Vergata University - Italy

THOMAS BREITKREUZ

Director, Internal Medicine and Palliative Care, Paracelsus-Krankenhaus Unterlengenhardt, Germany - Spokesman for the Competence Network Integrative Medicine Baden-Württemberg (KIM) - Germany

ERNESTO BURGIO

Member of Conseil Scientifique E. B. ECERI European Cancer and Environment Research Institute - Belgium

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Medical Director in Integrative Medicine, Memorial Sloan Kettering Cancer Center, USA

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Director of the Clinic for Naturopathy & Integrative Medicine, Germany

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Chair Brazilian Academic Consortium for Integrative Health, CABSIN - Post Doctorate in Neurosciences, UNIFESP - WHO Expert on Traditional, Complementary and Integrative Medicine, TCIM/WHO - Board member of Traditional, Complementary and Integrative Medicine Network of the America, VHL/TCIM/PAHO - Ambassador for Brazil, Society of Integrative Oncology, SIO - Member, International Research Council on Anthroposophic Medicine, Goethenaum - Chair, Department of Integrative Medicine for Children and Adolescents, Society of Pediatrics of São Paulo - Brazil

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Professor and Senior Advisor - Epidemiology - Public health - NCDs - HIV/AIDS - Integrative Health - University of the Western Cape - Republic Of South Africa

LIU JIANPING

Director, Centre for Evidence-Based Chinese Medicine - Beijing University of Chinese Medicine, CN
Application of evidence-based medicine methods in integrative oncology research - China

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Director of the National Center for Complementary and Integrative Health - USA

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VIVIAN LIN

Executive Associate Dean (Strategy and Operations) Professor of Public Health Practice
LKS Faculty of Medicine
The University of Hong Kong

AMY LOCKE

Current Chair of the Academic Consortium University of Utah; ACIMH Professor of Family and Preventive Medicine
Adjunct Professor, Nutrition and Integrative Physiology, College of Health - USA

SANTHOSSHI NARAYANAN

Associate Professor in the Department of Palliative, Rehabilitative and Integrative Medicine at The University of Texas MD Anderson Cancer Center - USA

CLAIRE OPPERT

French cellist graduated from the Tchaikovsky Conservatory in Moscow. Every Friday she goes to the oncology and palliative care department of the hospital of Sainte-Perine - France

RAMMANOHAR PUTHIYEDATH

Research Director, Amrita Centre for Advanced Research in Ayurveda (ĀCĀRA), School of Ayurveda, Amritapur - India

ROBERT B. SAPER

Director of Integrative Medicine for the Boston Medical Center Department of Family Medicine and Professor in the Chobanian and Avedisian School of Medicine - USA

VOHRA SUNITA

Professor, Faculty of Medicine & Dentistry - Pediatrics Dept - University of Alberta - Canada

INES VON ROSENSTIEL

Director of the Integrative Medicine outpatient's clinic at Rijnstate Hospital in Arnhem, the Netherlands, member of the Dutch Consortium Integrative Medicine and Health

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

Angelicum Congress Center

07.00 - 08.00 Registration and reception

Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

08.30 - 10.30 **PRE-CONGRESS WORKSHOP**

ROOM 1
105 min **Levels of Health' as a novel clinical tool for assessing prognosis and treatment response in chronic diseases**

Seema Mahesh - Mahesh Mallappa

ROOM 2
90 min **Integrative oncology treatment (IOT) for GBL under ARTOI method**

Massimo Bonucci - Giampietro Ravagnan - Maria Pia Fuggetta - Anna Rita Stringaro

ROOM 3
105 min **COVID-19 & Infections: An Ayurveda Research Perspective**

Arvind Chopra, Amarjit Singh, Sanjay Tamoli, Manjit Saluja, Madan Thangavelu

ROOM 5
105 min **Challenges of evidence-based medicine in the context of integrative Medicine and Health: PAHO/WHO and CABSIN perspective**

Ricardo Ghelman, Caio Portella, Rafael dal Alba

ROOM 6
105 min **International Policy Issues on Traditional, Complementary, and Integrative Health**

Nadine Ijaz - Miek Jong - Daniel F. Gallego-Perez - Jon Wardle

September 20 | 2023

WEDNESDAY

ROOM 7
105 min

Lessons Learned from Delivering Governmentally Recognized Integrative Medicine Education: A Case of Cupping Therapy Course

Zainab AlMusleh - Tamer Aboushanab

ROOM 8
90 min

The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

Leslie Mendoza Temple

ROOM 9
105 min

Application of Metaverse and Blockchain Technology in Integrative Medicine

Babak Daneshfard

ROOM 10
105 min

Network TCIM alternatives for antibiotics worldwide: Global Initiative for Traditional Solutions to Antimicrobial Resistance (GIFTS-AMR) (JPIAMR funded)

Erik W. Baars, David Martin, Desislava Vankova, Esther van der Werf, Merlin Willcox, Petra Weiermaye

ROOM 11
105 min

The role of the microbiome in cancer etiology, treatment and outcomes and strategies for diagnosing and treating the microbiome in oncology

Sorbarikor Piawah - Carla Kuon - Shannon Elizabeth Fogh

10.30 - 11.00

COFFEE BREAK

11.00 - 13.30

PRE-CONGRESS WORKSHOP

ROOM 1
90 min

Oncology and theoretical-practical experiences of acupuncture application

Franco Cracolici - Giuseppe Lupi

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

ROOM 2
90 min

Understanding Anemia: from diagnosis to integrative treatment

Francesca Andreazzoli - Massimo Bonucci

ROOM 3
105 min

Yoga and Spirituality: Science, Rationale and Research Evidence

Sat Bir Khalsa - Arndt Bussing

ROOM 5
90 min

Towards an international federation of Academic Consortia for Integrative Medicine?

Rogier Hoenders - Ricardo Ghelman - Amy Locke - Miek Jong

ROOM 7
105 min

Health education in cancer patients: a re-newed paradigm of "active" prevention

Antonietta Iasiello

ROOM 8
105 min

Nature, Biophilia and Mental Health: from Evidence to Real World

Juliana Gatti-Rodrigues - Marina Lencastre - Maria José Curado - Caio Portella

ROOM 9
75 min

Hyperthermia as an adjunctive treatment in patients with cancer: clinical and applicative data

Massimo Bonucci - Giammaria Fiorentini - Antonio Maria Costa - Carlo Pastore - Andrea Mambrini - Girolamo Ranieri - Alberto Gramaglia

ROOM 10
105 min

In the borderland between body and mind - exploring the science of somatosomatics

Florian Beissner - Annemarie Schweizer-Arau

September 20 | 2023

WEDNESDAY

ROOM 11
105 min

New Frontiers: Neuro-Acupuncture. History, research and clinical applications of an effective system combining traditional Acupuncture and Neurosciences

Cecilia Lucenti - Giovanna Franconi

13.00 - 13.30

WORKSHOPS CLOSURE

Chamber of Deputies, Chamber of parliamentary groups

Via Campo Marzio 78, 00186 Rome

15.00 -15.45

CEREMONY OPENING OF 2WCIM&H

REGISTRATION

16.00

WELCOME GREETINGS FROM INSTITUTIONAL AND INTERNATIONAL AUTHORITIES

- Onorevole Marcello Gemmato
Undersecretary of State - Health
- Onorevole Senatore Francesco Zaffini
Secretary Permanent Commission XII Hygiene and Health

Special Guests:

- Dott. Tedros Adhanom Ghebreyesus - Director-General of the World Health Organization (recorded video)
- Sua Eminenza Cardinale Matteo Maria Zuppi - President of the Italian Episcopal Conference
- Sua Eminenza Mons. Vincenzo Paglia - President of the Pontifical Academy for Life
- Professor Denis Mukwege - Nobel Peace Prize 2018

September 20 | 2023

WEDNESDAY

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

17.00 -18.00

PRESENTATION OF SECOND WORLD CONGRESS INTEGRATIVE MEDICINE AND HEALTH

- ARTOI integrative oncology: state of the art – Massimo Bonucci, ARTOI FOUNDATION
- Integrative medicine and health in Europe and worldwide - Benno Brinkaus, ESIM - Holger Cramer, ISCMR
- ESIM Excellence in Integrative Medicine Research Awards - Stefan Willich, ESIM
- ISCMR Award - Holger Cramer
- ARTOI Award - Massimo Bonucci
- Welcome Words by Helene Langevin, NCCIH: "What kind of science is needed to advance integrative medicine and health?"

Angelicum Congress Center

18.15

Welcome Cocktail

September 20 | 2023

WEDNESDAY

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00 Registration and reception

Aula Magna

09.00 - 10.30 **Plenary 1: Future CIM Research Strategies**

Chair: Holger Cramer / Benno Brinkhaus / Massimo Bonucci

40 min
(including Q&A)

Helene Langevin - Integrative Health: The challenges, and potential rewards, of moving beyond silos

40 min
(including Q&A)

Dr. Marja Verhoef Methodology Lectureship Presented by: Jianping Liu - Importance of Research in Integrative Medicine: Opportunities and Challenges

30 min
(including Q&A)

Amy Locke - Using the ideals of Integrative Medicine to create the future of healthcare: from the sideline to leading

10.30 - 11.00

COFFEE BREAK – POSTER VIEWING

Aula Minor

11.00 - 13.15

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

“Integrative Medicine with epigenetic experiences”

Chair: Miek Jong

Co-Chair: Isabel Giralt

20 min

Ernesto Burgio - Glioblastoma: genetics, epigenetics, holo-genomics. Toward a systemic diagnostic-therapeutic approach

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

20 min

Franco Cracolici - Acupuncture: Traditional and Modern Medicine between genetics and epigenetics

20 min

Eleonora Lombardi Mistura - Epigenetic breastfeeding

20 min

Lorenzo Cohen - Lifestyle factors and the hallmarks of cancer

Techniques and effects

15 min

Carmelo Guido - Use of Traditional Chinese Medicine (TCM) in facial nerve palsy

15 min

Joanna Dietzel - Cardiovascular effects of auricular stimulation - systematic review and meta-analysis

15 min

Samuel Attias - Effectiveness of Reflexology, and Sham Reflexology on Preoperative Anxiety in Patients Undergoing Laparoscopic Cholecystectomy: A Single-Blinded Randomized Controlled Trial

15 min

Xue Charlie - Evidence-based clinical Chinese medicine: the whole-evidence approach

ROOM 1

11.00 - 13.15

HOLISTIC INTEGRATIVE TREATMENTS **"Holistic treatments effectiveness"**

Chair: Niki Munk

Co-Chair: Donelda Gowan

15 min

Alina Schleinzer - Effects of Yoga on stress in stressed adults: A systematic review and meta-analysis

15 min

Nina Vollbehre - Mindful yoga intervention as add-on to treatment as usual for young women with major depressive disorder: results from a randomized controlled trial

15 min **Alina Moosburner** - Yoga for depressive disorders: A systematic review and meta-analysis

15 min **Nina Vollbeh** - Cost-effectiveness of a mindful yoga intervention added to treatment as usual for young women with major depressive disorder versus treatment as usual only

Holistic treatment techniques

15 min **Pietro Bertoldi** - Frequencies, Vibrations, Oscillations and Waves in TUINA Techniques

15 min **Abdulaziz Alanazi** - The Safety and Adverse Events Associated with Cupping Therapy: Creating a Taxonomy

15 min **Sebahat Yaprak Cetin** - The Effects of Baduanjin Qigong Exercise via Telerehabilitation in Ankylosing Spondylitis: A Randomized Controlled Trial

15 min **Yue Fan Ming** - A critical appraisal of clinical practice guidelines on massage using the AGREE II instrument

15 min **Sandra Tosi** - Osteopathy: the integrative approach to health

ROOM 2

11.00 - 13.15 **BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE**

“Mechanisms of action of natural substances”

Chair: Alessia Fabbri

Co-Chair: Stephan Baumgartner

15 min **Qiyong Ding** - Gengnianshou Decoction Increases Estrogen Level without Side Effects on Reproductive Tissues in Ovariectomized Rats

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Federico José Cortés Bueno - Stromal precursors in dentistry from science to reality “bone regeneration and implant osseointegration”

15 min

Rafael Dall’Alba - Evidence-Based Medicine in the context of Complementary and Integrative Traditional Medicines: a critical analysis

15 min

Chen Bai - Key issues of the method of carrying out a case series study in real world on the inheritance of illustrious senior traditional Chinese medicine practitioners

Homeopathy

15 min

Alexander Tournier - Fundamental research in homeopathy: considerations and recommendations

15 min

Yvonne Samstag - Differentially manufactured Arnica montana L. extracts mediate anti-inflammatory effects on human T cells via different signaling pathways

15 min

Imane Lejri - Gelsemium Low Doses Increases Bioenergetics and Neurite Outgrowth

15 min

Annekathrin Ücker - Duckweed - (Lemna gibba L.) as test organism in homeopathic basic research

ROOM 3

11.00 - 12.00

INTEGRATIVE ONCOLOGY AND CANCER CARE

Chair: Massimo Bonucci

15 min

Agnete Egilsdatter Kristoffersen - Prevalence of late and long-term effects of cancer (treatment) and use of complementary and alternative medicine in Norway

15 min

Nordberg Hök - Teaching Swedish oncology health care professionals about complementary and integrative medicine: course design & evaluation

15 min

Salvatore Bonanno - Radiotherapy and Hospice: an integrated multidisciplinary organizational approach

12.00 - 13.30

WORKSHOP

Present and future of Clinical Use of Cannabis in Oncology

Off-topic: Intravenous High-Dose Vitamin C in Oncology

Francesco Coriglione, Marco Landi, Giovanni Isoldi, Paolo Etiope

ROOM 5

11.00 - 12.45

ARTS & MEDICINE

“Dance, Music, Paint and Arts Therapies in Medicine”

Chair: Stefan Willich

Co-Chair: Tiziana Di Giampietro

10 min

Oliver Micke - Medicine is Art and Art Medicine - The impact of Art for Cancer Patients

10 min

Cristina Endrizzi - Crisis, creativity and finitude. Experiences with expressive therapy in Hospice

10 min

Annette Mehl - Approaching artistic expression through the therapist's eye and patient's self-reported Inner Correspondence. A conceptual framework to evaluate and better understand the impact of anthroposophic painting and eurythmy therapy on clinical outcome

10 min

Suzanne Haeyen - The powerful experience. Emotion regulation and self-image in personality disorders in arts & psychomotor therapies

10 min

Ronja Joschko - The effect of active visual art therapy on health outcomes: A systematic review and meta-analysis of randomised controlled trials

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

10 min	Moses Sharon Benraf - Painting; The act of painting as a pain reliever
10 min	Pieralba Chiarlone - I have seen the life dancing. The end-of-life stories: a narrative analysis
10 min	Monica Culen - How healthcare clowns can contribute to more supportive hospital environments: RED NOSES Partnerships in the Healthcare System
10 min	Susan Van Hooren - Arts Therapies in Forensic Psychiatric Care: a review on effects, active elements, and mechanisms of change

ROOM 6

11.00 - 13.15	COVID 19 AND OTHER (POST) INFECTION DISEASES "Complementary Integrative medicine in acute Covid 19 infection" <i>Chair: Giampietro Ravagnan</i> <i>Co-Chair: Lin Ang</i>
15 min	Myeong Soo Lee - Use of traditional, complementary and integrative medicine during the COVID-19 pandemic: a systematic review and meta-analysis
15 min	Maria Emilia Gadelha Serra - Clinical effectiveness of medical ozone therapy in COVID-19: the evidence and gaps map
15 min	Lin Ang - A nationwide survey on the management of COVID-19 pandemic in South Korea using complementary and alternative approaches
15 min	Amarjeet S Bhamra - APRIL Trial - acronym for Ayurveda for Promoting Recovery In Long Covid

"Complementary Integrative medicine in acute Covid 19 infection"

15 min

Peter W. Gündling - Use and effect of a special cistus extract during the Corona pandemic - Retrospective survey study among users and prescribers

15 min

Ovejero Aranzazu González - Improving the quality of life of persistent COVID patients with nutraceutical intervention supported by mycotherapy

15 min

Maryam Iranzadasl - Efficacy of topical galbanum oil with dry cupping in hospitalized COVID-19 patients: A randomized open-label clinical trial

15 min

Kieran Cooley - Interim Report on a Live Review of Systematic Reviews of Natural Health Products and Natural Therapies in the Prevention and/or Treatment of COVID-19

ROOM 7

11.00 - 13.15

INTEGRATIVE PEDIATRICS:

“From Prevention to Palliation”

Chair: Claudio Farinelli

Co-Chair: Melanie Anheyer

20 min

Alessio Fasano - Pediatric Clinical Trials For Multisystem Inflammatory Syndrome In Children (MIS-C) And Long COVID

20 min

Monica Galanti - Digital Intoxication

20 min

Jan Vagedes - Pollution and Non communicable disease

20 min

Suzi Tortora - Speaking the unspeakable: The Power of Dance & Movement with Children for Healing and Wellness

20 min

Mercedes Ogal - Outpatient integrative-medicine options in pediatric palliative care

20 min

Tido von Schoen-Angerer - Management of infectious diseases in an integrative pediatric context

15 min

Discussion Q&A

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

ROOM 8

11.00

105 min

WORKSHOP SPONSORED BY

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Integrative Health and Medicine in the Prevention and Treatment of Cardiovascular and Non-Communicable Disease

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www.miraglofoundation.org

Guarneri Mimi

ROOM 9

12.00 - 13.30

EUJIM Editorial Board Meeting

BY INVITATION ONLY

ROOM 10

11.00 - 13.10

NUTRITION AND LIFESTYLE “Diet and wellness”

Chair: Ryan Bradley

Co-Chair: Giorgio Noera

20 min

Puthiyedath Rammanhoar - Chrono-nutrition: An Ayurvedic perspective

15 min

Kieran Cooley - Mediterranean diet adaptations to traditional cultural eating paradigms: a realist synthesis

15 min

Camille Lieners - Superiority of an igt guided elimination-rotation diet compared to fodmap diet and classic dietary recommendations in the management in patients with mixed form of irritable bowel syndrome

Experiences

15 min

Giorgio Noera - Long term tube feeding enteral nutrition with Italian quality product Arthrospira Platensis

15 min

Theresa Ertlmaier - Individual breastfeeding experience in an anthroposophic hospital: a mixed methods study

15 min

Rogier Hoenders - A Combined Lifestyle Intervention for Psychiatric Outpatients (CHAPTER): Results of a Pilot Randomized Controlled Trial

ROOM 11

11.00 - 13.10

INTEGRATIVE ONCOLOGY AND CANCER CARE "Acupuncture in cancer"

Chair: Janet Schloss

Co-Chair: Stefano Magno

15 min

Grazia Lesi - Acupuncture as integrative medicine in breast cancer patients: an italian feasibility study in Emilia Romagna oncology hospital settings

15 min

Lee Ye-Seul - Safety and efficacy of acupuncture for symptom management in breast cancer patients

15 min

Yuxiang Wan - Exploring the mechanism of peritumoral acupuncture promoting vascular normalization of breast cancer based on DIA proteomics and photoacoustic imaging

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

Acupuncture in cancer

15 min	Yu Ruifang - Acupuncture Reduces Insomnia in Lung Cancer Survivors: A Retrospective Cohort Study
15 min	Yang Ming - Acupuncture for rectal cancer patients with low anterior resection syndrome (LARS): A mixed method pilot study protocol
15 min	Suzanne Danhauer - The Effects of Acupuncture on Treatment-Related Symptoms & Symptom Interference in Patients with Head and Neck Cancer Experiencing Chronic Radiation-Induced Xerostomia (RIX): Wake Forest NCI Community Oncology Research Program Research Base (WF NCORP RB) Randomized, Sham-controlled Trial WF-97115
15 min	Massimo Rinaldi - Singular and combined effects of Nordic Walking practice and Acupuncture on bioelectrical impedance vector of breast cancer survivors

13.30 - 14.30 **LUNCH – POSTER VIEWING**

ROOM 1

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 5

13.30 - 14.30 **IMR Editorial Board Meeting**
BY INVITATION ONLY

ROOM 6

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

THURSDAY **September 21 | 2023**

ROOM 9	
13.30 - 14.30	ROUND TABLE LUNCH WITH NURSES
ROOM 10	
13.30 - 14.30	ROUND TABLE LUNCH WITH NURSES
Aula Magna	
14.30 - 16.00	Plenary 2: Integrative Oncology <i>Chair: Massimo Bonucci / Ting Bao</i> <i>Discussant: Richard Lee</i>
25 min	Eran Ben-Arye - Integrative Surgery along the continuum of integrative oncology care
25 min	Gary Deng - Integrative Oncology: What Now and What Next?
25 min	Francesco Bottaccioli - Cancer and Psychoneuroendocrineimmunology
15 min	Discussion Q&A
16.00 - 16.30	COFFEE BREAK – POSTER VIEWING
Aula Minor	
16.30 - 18.30	BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “The News in research: Aromatherapy and plant extracts” <i>Chair: Carla Fiorentini</i> <i>Co-Chair: Stefano Magno</i>

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

24 min	Giacinto Bagetta - Aromatherapy: from bench to bedside
12 min	Lissandra Fogaça Master - Aromatherapy Clinical Effectiveness Evidence Map
12 min	Carina Klocke - AroMaDem - Aroma oil massage with lavender oil for residents in nursing homes with agitated dementia
12 min	Judith Czakert - Aromatherapy, Dental Fear and Anxiety: Influence of essential-oil vaporization in dental practices on acute anxiety - a multicenter, cluster-randomized, controlled, single-blinded study (AROMA_dent)

Miscellaneous

15 min	Valerio Paziienza - Identifying predictive bacterial markers from cervical swab microbiota on pregnancy outcome in woman undergoing assisted reproductive technologies
15 min	Lun-Chien Lo - Exploring the pivotal variables of tongue coating metabolites between patients with type 2 diabetes from healthy controls
15 min	Stefano Magno - Lipid markers in cell membranes: a useful molecular based tool for evaluation of inflammatory status in breast cancer patients. The BreCaLip study

ROOM 1

16.30 - 18.30	HOLISTIC INTEGRATIVE TREATMENTS "Holistic treatments effectiveness" (Yoga as a holistic treatment) <i>Chair: Maria Bernadette Ligabue</i> <i>Co-Chair: Garry Tew</i>
15 min	Garry Tew - Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluations

- 15 min **Nina Vollbehr** - Exploring young women's experiences participating in a mindful yoga intervention for depression: qualitative analysis of positive and negative effects
- 15 min **Anuja Chhabra** - Yoga-Based Practices for the Voice Disorder of primary Muscle Tension Dysphonia
- 15 min **Helen Lavretsky** - Mechanisms of response to yoga or memory training in older women at risk for Alzheimer

Miscellaneous

- 15 min **Sashank Nyapati** - Worldviews and Mental Health: A Scoping Review
- 15 min **Anna Maria Rezo** - Integrative Mental Health Care Compared to Standard Care: An Observational Study
- 15 min **Michael Wainke** - Substance Use Disorder and pain - Are Mindfulness Based Interventions effective?
- 15 min **Julien Nizard** - The interest of an integrative medicine approach to empower the autonomy of the fibromyalgia patient

ROOM 2

16.30 - 18.30 INTEGRATIVE ONCOLOGY AND CANCER CARE

"Homeopathy in Cancer"

Chair: Emanuela Portalupi

Co-Chair: Thomas Breitzkreuz

- 15 min **Francesca Bosinelli** - A Randomized Controlled Trial addressing cancer-related cognitive impairment (chemobrain) in a sample of breast cancer patients undergoing rehabilitation exercises, diet, and add-on complementary medicine: Preliminary findings

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

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|--------|--|
| 15 min | Heidemarie Haller - Effectiveness of Mind-Body Medicine on reducing side effects of endocrine therapy in breast cancer patients: a randomized controlled trial |
| 15 min | Marialessandra Panozzo - Severity of radiodermatitis in breast cancer patients with preventive treatment with homeopathic/integrative protocol compared with a control group with standard care |
| 15 min | Mohammed Bennani - Benefits of homeopathic complementary treatment in breast cancer patients: A retrospective cohort study based on the French nationwide healthcare database (SNDS) |

Mistletoe and cancer

- | | |
|--------|---|
| 15 min | Harald Walach - Quality of life in breast cancer patients treated with mistletoe extract: A systematic review and meta-analysis |
| 15 min | Alyson Huntley - The Mistletoe and Breast cancer (MAB) study: a UK pilot RCT |
| 15 min | Friedemann Schad - Improvement of quality of life in lung cancer patients receiving radiotherapy in combination with <i>Viscum album L.</i> -a real-world data study |

ROOM 3

16.30 - 18.00 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

"Integrative Medicine with acupuncture"

Chair: Miek Jong

Co-Chair: Isabel Giralt

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|--------|--|
| 15 min | Boram Lee - The effect of sham acupuncture can be different according to the needling point on knee osteoarthritis: A systematic review and network meta-analysis |
|--------|--|

15 min	Fai Fai Ho - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders
15 min	Cecilia Lucenti - Neuroacupuncture is a feasible future for integrating acupuncture into physician training and clinical practice. A university training model experienced in Italy
15 min	Carlo Maria Giovanardi - Acupuncture for migraine prophylaxis and for patients recovering from stroke
15 min	Franco Cracolici - Acupuncture and Stroke: therapeutic protocols in the public and private sectors

18.00 **WORKSHOP**

105 min **Integration of Brainwave Entrainment and Electroacupuncture: Effects on Prefrontal Cortex Hemodynamics and Autonomic Balance**

Francisco José Cidral-Filho, Gianluca Bianco, Daniel Fernandes Martins

ROOM 5

16.30 - 17.45	PEDIATRIC DISEASES "Prevention and treatment of recurrent pediatric infectious diseases" <i>Chair: Jan Vegedes</i> <i>Co-Chair: Carina Braeutigam</i>
15 min	Yin Lingjia - Effect of pediatric Tuina (massage) on children's recurrent acute respiratory tract infections: a retrospective cohort study in Southern China
15 min	Matteo Galli - Osteopathic manipulative treatment (OMT) in children operated on for congenital pulmonary malformations (CPM) A case series
15 min	Esther Van Der Werf - Can homeopathy reduce antibiotic use while maintaining symptom control for acute otitis media? A systematic review

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

Miscellaneous

15 min	Yara França - Effectiveness of Shantala massage in pain management of infants after painful procedure: Pilot quasi-experimental study
15 min	Matteo Galli - Osteopathic manipulative treatment (OMT) in pediatrics and neonatology: a scoping review
15 min	Peter James - The use of traditional medicine practitioners for childhood illness among childbearing women: a multi-level Analysis of Demographic and Health Surveys in 32 sub-Saharan African countries
15 min	Claudio Farinelli - Effectiveness of an intervention method on the treatment habits of pediatric patients

ROOM 6

16.30 - 18.15	CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION "Types of therapies" <i>Chair: Tony Zhang</i> <i>Co-Chair: Amie Steel</i>
15 min	Erika Cardozo Pereira - Clinical Effectiveness of Apitherapy: Evidence Map
15 min	Talita Margonari Lazzuri - Effects of floral therapy on the state of anxiety in climacteric women
15 min	Anna Koch - Yoga as therapy for burnout: Health Technology Assessment Report on Efficacy, Safety, Economic, Social, Ethical, Legal and Organisational Aspects
15 min	Jean Philippe Wagner - Study and Statistical Results Therapeutic Laughing Device C.H.E. of Nice

TCM

- 15 min **Xiaowen Zhang** - The core components of traditional Chinese medicine complex interventions and their connections: A qualitative study with Chinese clinicians
- 15 min **Xiang-Yun Zou** - Traditional Chinese medicine for olfactory dysfunction: A bibliometric analysis of published clinical studies
- 15 min **Robert Hackman** - Intake of Hokkaido red wine reduces blood pressure and improves vascular function in healthy adult men
- 15 min **Tony Zhang** - Evidence-based clinical Chinese medicine for vascular dementia: the whole-evidence approach and the current best evidence

ROOM 7

- 16.00 - 18.00 **European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary "The added value of medical doctors in traditional, complementary and integrative health care"**
- https://icimcongress.org/wp-content/uploads/2023/09/ecpm_web.pdf
- 30 years of ECPM - introduction & welcome - **Susanne Schunder-Tatzber**
- The added value of MDs in TCIH - **Dominik Irnich**
- Challenges of translation in TCIH into patient care - **Benno Brinkhaus**

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

Discussion:

Future of MDs in TCIH in various EU Regions

Dominik Irnich

Benno Brinkhaus

Elio Rossi

Petr Fiala

Holger Malchow

ROOM 8

18.00 - 19.30

ESIM member meeting

ROOM 9

16.30 - 18.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION "TCM clinical experiences and research"

Chair: Vincent Chung

Co-Chair: Elizabeth Thompson

15 min

Cecilia Luenti - Clinical experience of Neuroacupuncture in Parkinson's Disease

15 min

YiShun Tam - Associations between using Chinese Herbal Medicine and both clinical outcome and gut microbiome in Eczema patients: A Prospective Observational Study

15 min

PakYin Tse - Associations between Chinese Herbal Medicine for different syndrome differentiation and clinical outcome in Eczema patients: A Retrospective Cohort study

15 min

Changhao Liang - Current status and challenges of ancient TCM literature as evidence to support clinical decision-making

Homeopathy

15 min	Bruno Galeazzi - One Health, One Medicine
15 min	Ricardo Ghelman - Evidence Map - Clinical Effectiveness of Anthroposophic Medicine
15 min	Ricardo Ghelman - Evidence Mapping - Clinical Effectiveness of Homeopathy
15 min	Antonella Ronchi - How to overcome the fragmentation in the homeopathic world hampering the integration of homeopathy?

ROOM 10

16.30 - 18.30	<p>NUTRITION AND LIFESTYLE “Lifestyle and Illness: how we can win”</p> <p><i>Chair: Marina Aimati</i></p> <p><i>Co-Chair: Lorenzo Anelli</i></p>
15 min	Rachael Frost - Older adults' views and experiences of using herbal medicines and dietary supplements to promote health in later life: A qualitative study
15 min	Francisco Cidral - The effects of brainwave entrainment associated with the Mediterranean diet on clinical symptoms of depression: a randomized controlled trial
15 min	Gonza Ngoumou - Evaluation of an innovative two weeks course on nutrition in the context of planetary Health in medical education at Charité University Medicine Berlin
15 min	Xiaohong Gu - Overweight and obesity among kindergarten children in Shenzhen, China: a cross-sectional study

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

FASTING

- | | |
|--------|---|
| 15 min | Carolyn Breinlinger - Defining fasting: an international consensus process on fasting terminology |
| 15 min | Daniela Koppold - Prolonged modified fasting for osteoarthritis: a prospective observational study |
| 15 min | Katharina May - Feasibility and Effects of repetitive cycles of a Fasting Mimicking Diet on Subfertile Men - A qualitative data analysis |
| 15 min | Li Anqi - Efficacy of oats for dyslipidemia: a systematic review and meta-analysis |

ROOM 11

16.30 - 18.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE "Acupuncture / Herbal Medicine"**

Chair: Petra Voiß

Co-Chair: Francesco Marino

- | | |
|--------|--|
| 15 min | Carmelo Guido - Impact of acupuncture on acute dysphagia in patients treated with radio-chemotherapy for squamous-cell carcinoma of the head-neck area: prospective randomized phase 2 study. Preliminary data |
| 15 min | Maria Abad Arranz - Role of Acupuncture in the management of orphan symptoms related to the antitumour treatments: experience of the multidisciplinary oral therapy outpatient clinic of the "Giuseppe Mazzini" Hospital, Teramo, Italy |
| 15 min | John Hughes - Feasibility trial of Self-Acupuncture for Chemotherapy Cancer patients |
| 15 min | Xuwei Qi - Peritumoral electro-acupuncture promote tumor vascular normalization by promoting M1-type TAMs polarization |

Acupuncture /Herbal Medicine

15 min	Yiqing Cai - Effects of electroacupuncture on postoperative complications of gastrointestinal cancers: A systematic review and meta-analysis
15 min	Roberto Senatori - Long-Term effect of Fractional CO2 Laser Therapy for Genitourinary Syndrome of Menopause (GSM) in Breast Cancer Survivors: mono-central perspective study
15 min	Leonardo Leiria - The effect of the use of Saint Germain flower essences as a complementary integrative practice in the modulation of inflammatory markers in women with breast cancer associated with the use of tamoxifen
15 min	Jodie Freeman - Urtica comp. gel is highly effective in reducing the need for rescue care in breast cancer patients undergoing radiation therapy

Angelicum Congress Center

18.30 - 20.00	European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary "The added value of medical doctors in traditional, complementary and integrative health care 30 years of ECPM - Prosecco & Aperol
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CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00 Registration and reception

Aula Magna

09.00 - 10.30 **Plenary 3: Complementary and Integrative Medicine in Times of Limited Health Care Resources**

Chair: Amie Steel / Claudia Witt

30 min **Vivian Lin** - Traditional, complementary and integrative medicine in universal health coverage

30 min **Robert Saper** - Wellness Equity

30 min **ROUND TABLE DISCUSSION**

1. Gustav Dobos
2. Rammanhoar Puthiyedath
3. Daniel Gallego Perez
4. Elio Rossi
5. Gail Hughes

10.35 - 10.40 **Benno Brinkhaus, Elad Schiff, Eran Ben-Ayre:** Presentation of ECIM conference In Jerusalem Sept. 4-6 2024

10.40 - 11.00 **COFFEE BREAK – POSTER VIEWING**

FRIDAY September 22 | 2023

Aula Minor

11.00 - 12.10

LATE BREAKING ABSTRACT

10 min

Hope Foley - Bridging traditional knowledge with the contemporary health context: A framework for integrated practice, education, research and policy

10 min

Tamer Aboushanab - Cupping Therapy as a Detoxification Method for Heavy Metals: A Review

10 min

Babak Daneshfard - Randomized controlled trial of black seed (*Nigella sativa* L.) nasal drop in the close contacts of COVID-19 patients

10 min

Babak Daneshfard - Randomized placebo-controlled trial of Mocoziif syrup in COVID-19 patients

10 min

Davide Toniolo - Berberina, sylimarina and monacolina k in a nutraceutical compound reducing cholesterol level in patients in therapy with aromataasis inhibitors dor breast cancer. Preliminary results

10 min

Junhwan Lee - Electroacupuncture for Cancer-Related Cognitive Impairment: A Clinical Feasibility Study

10 min

Ana Trifunovic - Integrative approach of homeopathy and allopathy in the treatment of allergies using the theory Levels of health

ROOM 1

11.00 - 13.00

BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE "New results in basic research"

Chair: Valerio Paziienza

Co-Chair: Anna Katharina Koch

15 min

Nhat Minh Tran - Identifying target organs of *Radix Achyranthis Bidentatae*: A bioinformatics approach on active compounds and genes

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min **Changyong Luo** - Establishment of intelligent prescription model for respiratory and febrile diseases diagnosis and treatment of famous and veteran TCM doctor based on transfer learning

15 min **Yannick Pots** - Implementation of New Global Integrated 35-Minor/1-Major-IMH-Theoretical-Knowledge-Matrix-Research-Model Based on Transcontinental Multidisciplinary-Multidimensional-Multimodal Eastern-&Western-Medicine-Mindsets Related-to Integrative-Oncology, Evidence-Based Cancer-Health-Care-Therapy-Systems & Patient-Centred Cancer-Health-Status-Value-Added-Creation/Optimisation

New results in basic research

15 min **Valerio Paziienza** - Counteracting gemcitabine+nab-paclitaxel induced dysbiosis in KRAS wild type and KRASG12D mutated pancreatic cancer in vivo model

15 min **Yang Tao** - Utilizing network pharmacology and experimental validation to explore the mechanisms of Qijiafuzheng formula promoting CD8+ T cell infiltration in microenvironment of lung adenocarcinoma through STAT1/CXCL10

15 min **Ivano Hammarberg Ferri** - Protective Effect of Limosilactobacillus fermentum ME-3 against the Increase in Paracellular Permeability Induced by Chemotherapy or Inflammatory Conditions in Caco-2 Cell Models

15 min **Jeong Mi-Kyung** - Bojungikki-Tang Enhances the Efficacy of Pembrolizumab Treatment in Human PBMC-Injected H460 Tumor-Bearing Mice

FRIDAY **September 22** | 2023

ROOM 2

11.00 - 13-30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

Chair: Giuseppe Lupi

Co-Chair: Gabriele Rotter

15 min

Cloe Brami - Understanding students' motivations for participating in a mindfulness course: A qualitative analysis of medical students' views

15 min

Felicity Bishop - Exploring the process of health behaviour change in traditional acupuncture practice: A longitudinal qualitative study

15 min

Maija Pyykkönen - Use of complementary and integrative health (CIH) in Finland: a cross-sectional survey

15 min

Herman Van Wietmarschen - A Dutch national research agenda on integrative medicine: results of a consensus-based strategy

Miscellaneous

Petra Bäumlér - Proposal of a diagnostic algorithm for myofascial trigger points based on a multiple correspondence analysis of cross-sectional data

Silvia Voullième - "Connections that transform": promoting Complementary Therapies in Oncology through the patient experience

Louise Mulder - Co-creation of an evidence-based toolkit to facilitate communication on complementary medicine between general and complementary care practitioners in the Netherlands

Jeremy Ng - A Bibliometric Analysis of the Research Literature Published in Traditional, Complementary, Alternative, and Integrative Medicine-Categorized Journals

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

ROOM 3

11.00 **WORKSHOP**

105 min

Transforming the Relationship to the Body Through Interoceptive Awareness Training

Cynthia Price - Dana Dharmakaya Colgan - Megan Sherman

ROOM 5

11.00 - 13.15

HOLISTIC INTEGRATIVE TREATMENTS
"Holistic treatments effectiveness"

Chair: Tobias Esch

Co-Chair: Arndt Büssing

15 min

Eliane Timm - Evaluating effects of an online course "Eurythmy Therapy in Cancer" on quality of life, stress, mindfulness and sleep quality in adult participants

15 min

Shiao Li Oei - Efficacy of Tango Argentino on cancer-associated fatigue in breast cancer patients

15 min

Simonia Silva - Effects of osteopathic manipulative treatment in the billiary dyskinesia

15 min

Niki Munk - Comparison of Therapist-Applied Massage vs. Waitlist Control for Veterans with Chronic Neck Pain

Techniques and protocols

15 min

Felice Picariello - Concept of Dermatofunctional Physiotherapy and endermologie with special technique

15 min

Agnese Antonioli - The role MYNd&CO protocol in pain and mobility management in pregnant women: a pilot study

20 min

Pietro Marino - Nanomechanics and Cellular Electrodynamics: a fundamental contribution to the rationale of Manual therapies

15 min

David Blow - Impact of elastic decompression NeuroMuscular Taping methodology modulating phasic mechanical forces in restoring lymphatic functioning after breast reconstruction

ROOM 6

11.00 - 13.15

**COVID 19 AND OTHER (POST) INFECTION DISEASES
"TCM in acute infection and post-COVID 19"**

Chair: Tony Zhang

Co-Chair: Kieran Cooley

15 min

Xiaoying Chen - Traditional, Complementary and Integrative Medicine for fatigue post COVID-19 infection: a systematic review of randomized controlled trials

15 min

Xiang-Yun Zou - Traditional Chinese medicine for post-viral olfactory dysfunction: a systematic review

15 min

Xinyan Jin - Traditional Chinese medicine for COVID-19 pandemic: An online cross-sectional survey among health care workers

15 min

Federica Sabatini - Acupuncture and Traditional Chinese Medicine (TCM) in Long Covid symptoms: the experience of the Fior di Prugna Center

TCM in acute infection and post-COVID 19

15 min

Fai Fai Ho - Patient Satisfaction on Traditional Chinese Medicine Telemedicine Service During the COVID-19 Pandemic: A Cross-Sectional Study

CONFERENCE PROGRAM

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15 min

Xinyan Jin - Traditional Chinese medicine for poor appetite in long COVID-19: A systematic review of randomized controlled trials

15 min

Xiaoying Chen - Traditional, Complementary and Integrative Medicine for respiratory post-viral fatigue: an umbrella review of systematic reviews and meta-analysis of randomized controlled trials

15 min

Xuehan Liu - The characteristic and outcomes of dyspnea in studies of traditional Chinese medicine for respirovirus infections related diseases: evidence from randomized clinical trials

ROOM 7

11.00

SYMPOSIUM

105 min

Measuring Health - Salutogenesis and Hygiogenesis-orientated Questionnaires for the Evaluation of Integrative Medicine - Theory, Evidence and Perspectives

Moderation Emanuela Portalupi; Gene Feder

Matthias Kröz, Emanuela Portalupi, Gene Feder, Erik Baars, Annette Mehl, Alyson Huntley, Gutenbrunner C., Zerm R.

ROOM 8

11.00

WORKSHOP

105 min

Neurobiological Modulation with Radio Electric Asymmetric Conveyer (REAC) Treatments in Epigenetic Pathologies

Vania Fontani, Arianna Rinaldi, Salvatore Rinaldi, Alessandro Castagna, Rinaldi Fontani Institute

ROOM 9

11.00 - 13.00

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Mistletoe and Herbal Medicine”

Chair: Alain Toledano

Co-Chair: Lorenzo Anelli

15 min

Stephan Baumgartner - Viscum album Lipophilic Extract in Actinic Keratosis, Cutaneous Squamous Cell Carcinoma and Basal Cell Carcinoma: A Retrospective Case Series

15 min

Yuxiang Wan - Uncovering Active Ingredients and Mechanisms of Huaier on Modulating Metabolic Reprogramming of Hepatocellular Carcinoma: A Study Based on Network Pharmacology, Molecular Docking and Bioinformatics

15 min

Anita V. Thomae - Development of self-care eLearning courses for cancer patients: An implementation research project with broad stakeholder engagement

Homeopathy and Counseling

15 min

Elio Rossi - Integrative oncology in the Public Hospital of Lucca (Italy): Outcome results of 10 years of activity

15 min

Farokh Master - Efficacy of Homoeopathy in Advanced Solid Tumors of Brain and Spinal cord

15 min

Ming Hong Kwong - Factors influencing the implementation of integrative oncology interventions in cancer care: Theoretical Domains Framework guided systematic review

15 min

Helena Dürsch - A qualitative exploration of the facilitators and barriers affecting the implementation of a counseling program on complementary and integrative healthcare: Perceptions of patients and counselors.

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

ROOM 10

11.00 - 13.00

INTEGRATIVE ONCOLOGY AND CANCER CARE

"Program and Protocols in Cancer"

Chair: Miriam Ortiz

Co-Chair: Francesco Marino

15 min

Franco Cracolici - The multidisciplinary reality of the Oncology Department of the Tuscany Health Authority USL Sud Est

15 min

Elkana Waarsenburg - The Transdiagnostic Oncology Program (TOP), a combined lifestyle intervention for improving the quality of life of cancer survivors: a controlled before-and-after pilot study in the primary care setting

15 min

Anne Gimalac - Integrative oncology and the terrain approach in Traditional European Medicine (TEM): a Swiss perspective

15 min

Suzanne Grant - Prehabilitation and Integrative Oncology for Women with Cancer receiving Chemotherapy: Co-design and Qualitative Study

Clinical Homeopathy

15 min

Antonietta Iasiello - Treatment of cancer patients at the "Dr Spinedi" clinic: therapeutic model and timing of interventions with classic homeopathy in cancer treatment in a complex case of colon carcinoma

15 min

Mariya Lilova - Evaluation of the role of homeopathy in an integrative care day hospital for oncology outpatients in Strasbourg (France). A qualitative study

15 min

Farokh Master - Efficacy of Homeopathy in advanced metastatic cancer pain management

ROOM 11

11.00 - 13.00

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

“Clinical experiences and research”

Chair: Tiziana Di Giampietro

Co-Chair: Ricardo Ghelman

15 min

Tiziana Di Giampietro - Updating Hahnemann’s Language

15 min

Leslie Mendoza Temple - The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

15 min

Katja Löbel - Herbal medicines in Chile: views and experiences of healthcare providers

15 min

Merlin Willcox - Feasibility of clinical trials on herbal medicines in UK primary care: lessons learned

Mental Health

15 min

Nadine Ijaz - Motivations, Training, and Practice Characteristics of Integrative Medical Doctors in Ontario, Canada: An Exploratory Study

15 min

Caio Portella - Meditation: Evidence Map of Systematic Reviews

15 min

Mohammad Nawab - Understanding cerebro-asthenia (Zuf al Dimagh): A rational approach for its assessment and treatment in clinical practice

15 min

Julia Berschick - From Burnout to Breakthrough. Mental Health at German Hospitals: Grey Literature Review with Semi-structured Interviews

13.30 - 14.30

LUNCH - POSTER VIEWING

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

ROOM 1

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 6

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 9

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

ROOM 10

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

Aula Magna

14.30 - 16.10 **Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE**

Chair: Jan Vagedes

Co-Chair: Tido Von Schoen-Angerer

15 min **Kim Sungchol** - Perspective from WHO Traditional, Complementary and Integrative Medicine Unit

20 min **Ines von Rosenstiel** - Implementation and Advocacy

20 min **Ricardo Ghelman** - Policy informed by evidence: Evidence Map of Systematic Reviews on Integrative Pediatrics

20 min **Sunita Vohra** - Pediatric integrative medicine research needs and opportunities to build evidence with each patient seen

20 min **Discussion Q&A**

16.05 - 16.10 **Sian Cotton** - Presentation of ICIMH / ISCMR conference in Cleveland in April 9-13 2024

FRIDAY **September 22** | 2023

16.10 - 16.30

COFFEE BREAK - POSTER VIEWING

Aula Magna

16.30 - 18.40

Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE

Chair: Ricardo Ghelman

Co-Chair: Melanie Brown

10 min
(Recorded Video)

Kathi Kemper - Pearls from a Pioneer **10 min (Recorded Video)**

10 min

Afred Längler - Complementary Medicine in pediatric oncology - Trainings needs of pediatric oncologists - Development and evaluation of a blended learning training

10 min

Darong Wu - Historical development and application of traditional/complementary medicine in children's health care: a prospective from China

10 min

Francesco Macrì - Historical background of Integrative Pediatrics in Italy and Europe

10 min

Hilary McClafferty - Pediatric Integrative Medicine in Residency (PIMR) Program

10 min

Ann Ming - Training the Next Generation of Integrative Pediatricians: A Novel Pediatric Integrative Medicine Clinical Fellowship

10 min

Erica Sibinga - Investigating the experience of an audio-based mindfulness vs. control program for mothers with infants in the neonatal intensive care unit at Johns Hopkins School of Medicine

10 min
(Recorded Video)

Tanuja Nesari - Research with Ayurveda in Pediatrics at All India Institute of Ayurveda, Ministry AYUSH (Recorded Video)

10 min

Georg Seifert - A Quest for Healthy Childhood in German-speaking Countries: challenges, and research contributions of integrative medicine and future trends

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

10 min **Toward the International Society of Integrative Pediatrics (ISIP)** - Ricardo Ghelman, Sunita Vohra, Ines Von Rosentiel, Jan Vagedes

10 min **Discussion Q&A**

Aula Minor

16.30 **WORKSHOP**

105 min **Improved Ionic Calcium Signaling: A Clinical and Research Target**

Ryan Bradley

Server Bozdogan

ROOM 9

14.30 - 16.00 **MEETING S-HEAL GROUP**

ROOM 1

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Elio Giovanni Rossi

15 min **Cloe Brami** - How to reduce empathic distress and increase emotional skills in medical training? Experience of a Mindfulness-Based stress reduction class vs. control group in France

15 min **Melanie Steinmetz** - Development of a Burnout and Stress Prevention Intervention with Mind-Body Medicine for Healthcare Professionals Using Critical Synthesis of Multi-Method Research - Results of the Needs Assessment

15 min **Joanna Harnett** - Defining and supporting a professional role for pharmacists associated with traditional and complementary medicines - a cross-country study

Miscellaneous

15 min	Maria Olga Kokornaczyk - Multi-cancer detection based on pattern formation in drying body fluids: a systematic review and meta-analysis of diagnostic test accuracy studies
15 min	Carina Staab - Updating clinical prediction models for nonrecovery in older adults with back pain using only patient-reported outcomes
15 min	Ana Sabater - Practical applications of pharmacogenetics in anticoagulant treatment
15 min	Kassem Sameer - Integrative Medicine in Treating Uncontrolled Diabetes in North Israel. A Proposal for Culture-Tailored Approach

ROOM 2

16.30 - 18.00	<p>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</p> <p>“Herbal medicine and homeopathy”</p> <p><i>Chair: Suzanne Grant</i></p> <p><i>Co-Chair: Rogier Hoenders</i></p>
15 min	Blakeslee Sarah - Collecting scientific data or herding cats? Lessons from integrative medicine interventions especially with children in real-world settings
15 min	Xiaowen Zhang - Clinicians' and pharmacists' perceptions, attitudes, and clinical practices regarding herb-drug interactions: a cross-sectional survey
15 min	Maunder Alison - The role of naturopathy for women with diminished ovarian reserve: surveys, a Delphi study and a feasibility randomised controlled trial
15 min	Marino Francesco - A comprehensive database of scientific evidence: a vital need for the homeopathic Community

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min **Liu Xuehan** - Traditional Chinese Medicine for pain related to respiratory virus infection: an overview

15 min **Emily Yang Guoyan** - Ginkgo Biloba for Mild Cognitive Impairment and Alzheimer's Disease: An Updated Systematic Review and Meta-Analysis of Randomized Controlled Trials

ROOM 3

16.30 **WORKSHOP**

105 min **An Experiential Workshop on Transpersonal Integrative Medicine for Adults and Children: Supporting the Human Spirit Allows the Body to Optimally Accept Contemporary Medicine**

David Steinhorn, Jana Din, Al Striplen - Chagala Ngesa

ROOM 5

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Barbara Stock-Schröer

Co-Chair: Donelda Gowan

15 min **Vincent Chung** - Quantification of prevalence, clinical characteristics, co-existence, and geographic variations of traditional Chinese medicine diagnostic patterns via latent tree analysis

15 min **Miriam Ortiz** - Clinical Effects of Kneipp Hydrotherapy - a Systematic Review of Randomized Controlled Trials

15 min **Changhao Liang** - How well did the consensus methods apply in the guideline development of traditional Chinese medicine: A Web-Based Survey in China

Miscellaneous

- 15 min **Charles Tesser** - Scientific evidence for the use of auriculotherapy in primary health care
- 15 min **Julia Siewert** - Hydrotherapy and acupressure in restless legs syndrome - a randomized, controlled, three-arm, explorative clinical trial
- 15 min **Cynthia Price** - Interoceptive Awareness Training for Chronic Pain Treatment: A Pilot Implementation Science Study in an Integrative Health Clinic
- 15 min **Xuehan Liu** - Effectiveness and safety of Maxing Shigan Decoction for community-acquired pneumonia: A systematic review and meta-analysis of randomized controlled trials
- 15 min **Tong Lin** - Methodological Issues of Zelen's Design and its Applications in TCM Clinical Trials

ROOM 6

- 16.30 - 18.15 **BASIC AND TRANSLATIONAL RESEARCH IN INTEGRATIVE MEDICINE**
Chair: Yvonne Samstag
Co-Chair: Carla Fiorentini
- 15 min **Bat Zion Zidenberg** - The effect of reflexology on anxiety and the use of epidural anesthesia during advanced stages of labour: a randomized control trial
- 15 min **Ye-Seul Lee** - Machine learning model to predict short-term outcomes following acupuncture and manual therapy for lumbar disc herniation using electronic health records
- 15 min **Céline Braunwalder** - Phytotherapy and Anthroposophic medicine as a treatment option for allergic rhinitis: A systematic review

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Phoebe Zhou - Development of a synergistic combination for endothelial dysfunction in cardiovascular diseases

Miscellaneous

15 min

Martin Landenberger - Strategy change in oncology-individual adaptation of conventional and complementary therapy strategies based on tumor gene expression and sensitivity of circulating tumor cells

15 min

Kento Takayama - The diet-induced differences in gut microbiota determines the responder / non-responder of Daiokanzoto (Da-Huang-Gan-Cao-Tang)

15 min

Maria-Riera Piqué-Borràs - Investigating the Potential Anti-Inflammatory Effects of an Herbal Mixture Preparation on Inflammatory Bowel Disease

ROOM 7

16.30

WORKSHOP

105 min

Stakeholder Input into the new WHO Global Strategy for Traditional, Complementary and Integrative Medicine

The workshop is organized by the "People's Declaration on Traditional, Complementary and Integrative Healthcare" (TCIH Declaration), a coalition of over 300 professional and patient organizations, research and education centers

Kim Sungchol, Head of the Traditional, Complementary and Integrative Medicine Unit at the WHO

Tido von Schoen-Angerer, Mimi Guarneri Jianping Liu, Susan Wieland, Dennis Chang, Myeong Soo Lee, Heather Boon, Natalia Sofia Aldana Martinez, Thomas Breitzkreuz, Nadine Ijaz

ROOM 8

16.30

WORKSHOP SPONSORED BY

105 min



How integrative medicine in veterinary can provide a contribution to research in human health

Alessandro Benvenuti, Carla Fiorentini, Valerio Paziienza, Maurizio Scozzoli, Maura Di Vito, Enrico Gugliandolo, Rosalia Crupi, Alessandra Frosi, Donato Sarcinella, Andrea Gadducci

ROOM 9

16.30 - 18.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Cannabis in Cancer”

Chair: Richard T. Lee

Co-Chair: Maurizio Episodio

15 min

Richard T. Lee - Patients and Clinicians Perspectives about Cannabis Use While Receiving Cancer Treatment at a Comprehensive Cancer Center (CCC)

15 min

Janet Schloss - Increased Survival Rate in High Grade Glioma patients with Medicinal Cannabis

15 min

Simone Fagherazzi - High dosage supplementation with pharma grade CBD in ovarian cancer patients, a study proposal

15 min

Joanna Harnett - Cannabis-drug interactions: what do Australian pharmacists and health care professionals need to know?

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

Integrative Oncology Treatments

- | | |
|--------|--|
| 15 min | Massimo Bonucci - Integrative therapy in triple-negative breast cancers: observational study in 48 patients |
| 15 min | Claudia Vollbracht - Systematic review: Evidence for high-dose intravenous vitamin C in oncology |
| 15 min | Janet Schloss - Naturopathic herbal management of lung, colorectal and skin cancer: International practitioner survey |
| 15 min | Janet Schloss - Traditional and Contemporary Herbal Medicines in Management of Cancer: A Scoping Review |

ROOM 10

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Carmelo Guido

Co-Chair: Rachael Frost

- | | |
|--------|--|
| 15 min | Martine Busch - Developing the Integrative Nursing Education Series Handbook for Teachers |
| 15 min | TongLin - Application of Response Adaptive Randomization and Simulations in Clinical Trials of Traditional Chinese Medicine |
| 15 min | Rachael Frost - Over-the-counter medicines, herbal medicines and dietary supplements for depression, anxiety and insomnia: A scoping review |
| 15 min | John Hughes - Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics |

Miscellaneous

- 15 min **Eliane Timm** - Evaluation of the Integrative Medicine in Intensive Care program - External Applications as a Complementary Medicine Supplement for Intensive Care Patients
- 15 min **Birgit Kröger** - Development and evaluation of a training program for interprofessional counseling on complementary and integrative health care for an as part of the CCC integrative study
- 15 min **A-La Park** - Cost-Effectiveness of Chuna Manual Therapy and Usual Care, Compared with Usual Care Only for People with Neck Pain following Traffic Accidents: A Multicenter Randomized Controlled Trial
- 15 min **Roshini Srinivasan** - Becoming WHOLE: A Whole Health Operation for Learning and Empowerment for Caregivers across the University Hospitals Health System

ROOM 11

- 16.30 - 18.15 **INTEGRATIVE ONCOLOGY AND CANCER CARE**
“Integrative Medicine in Cancer Patients”
Chair: Francesca Andreazzoli
Co-Chair: Narayan Santhosshi
- 15 min **Marco Picchi** - Patients refusing anticancer treatments and Complementary and Integrative Medicine
- 15 min **Johanna Hök Nordberg** - Exploring the Challenges of Communicating about Complementary and Alternative Medicine When Cancer Patients Decline Conventional Treatment: A Qualitative Study of Patients

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Miek Jong - A mixed method randomized controlled pilot study assessing the feasibility, safety, and impact of a wilderness experience for adolescent and young adult cancer survivors: the WAYA study

15 min

Arndt Büsing - Spiritual Care as part of Integrative Medicine approaches requires documentation of patients' existential and spiritual needs: Implementation of the Spiritual Needs Screener in Palliative Care Counseling

Mushrooms treatments

20 min

Narayan Santhosshi - Medicinal mushrooms in cancer care

15 min

Suzanne Grant - Medicinal Mushrooms and Cancer: Scoping Reviews

15 min

Pere Gascón - Nanoemulsified fungal actives emerge as natural immunoadjuvants for cancer prevention and treatment in ongoing clinical trials

ROOM 11

18.30 - 19.45

ISCMR General Meeting

BY INVITATION ONLY

FRIDAY **September 22 | 2023**

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 08.30 Registration and reception

Aula Magna

08.30 - 09.30 **Plenary 5: Arts and Medicine**

Chair: Stefan Willich / Benno Brinkhaus

15 min **Claire Oppert** - Music in palliative care. The Schubert Treatment: clinical studies and reflections

15 min **Iva Fattorini** - Contemporary arts and medicine

15 min **Stefan Willich** - Arts in medicine - tradition, evidence, perspectives

15 min **Discussion Q&A**

Aula Magna

09.45 - 11.15 **Plenary 6: Nutrition in relationship to Human and Planetary Health**

Chair: Sian Cotton / Elio Rossi

25 min **Alessio Fasano** - Food, Pesticides, Dysbiosis, and Chronic Inflammatory Diseases: The Autoimmune and Obesity Paradigms

25 min **David Eisenberg** - Teaching Kitchens as Future Learning Laboratories

25 min **Gustav Dobos** - Healthy and sustainable diet for people and planet

SATURDAY September 23 | 2023

SATURDAY

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

20 min **Discussion Q&A**

11.15 - 11.45 **COFFEE BREAK – POSTER VIEWING**

Aula Magna

11.50 - 13.45 **INTEGRATIVE ONCOLOGY AND CANCER CARE
“Integrative Oncology: present and future”**

Chair: Ivano Hammarberg Ferri

Co-Chair: Mimma Raffaele

20 min **Thomas Breitkreuz** - The KIM experience: a model for implementation of Integrative Oncology-services in hospitals and cancer centres

20 min **Ting Bao** - Integrative Oncology: Present and Future

15 min **Alain Toledano** - The French Society of Integrative Oncology (SFOI): an Integrative Oncology à la française

15 min **Suzanne Grant** - Integrative Oncology Research Program at an Australian Cancer Hospital

15 min **Jean-Lionel Bagot** - Homeopathic recommendations in integrative oncology by expert consensus methodology: user friendly clinical guidelines for best practice

15 min **Lorenzo Cohen** - Prioritizing Comprehensive Lifestyle Change To Add Years To Life And Life To Years

15 min **Eran Ben-Arye** - Considering European Society for Integrative Oncology (ESIO) with the SIO: working together for a better future

ROOM 1

11.50 -13.05

PEDIATRIC DISEASES

“Miscellaneous”

Chair: Ann Ming Yeh

Co-Chair: Monica Galanti

15 min

Paula Pasqualucci - An Unit of Integrative Pediatrics in Brazil: Present and Future

15 min

Sarah Blakeslee - Watering sprouts. Barriers, hurdles and opportunities to implementing a health and lifestyle concept with preschool children - qualitative observations and lessons learned

15 min

Trine Stub - A qualitative study among healthcare providers on risks associated with the use of supportive care for cancer treatment-related symptoms in children and adolescents

15 min

Giulia Bottaccioli - Empathy at school project (ESP). Effects of didactics of emotions® on psycho-biological variabilities among primary school children: results of a controlled longitudinal study and implications for further research perspectives

15 min

Esther Martínez García - Pioneering integrative pediatric oncology unit in Spain: advancing care models and clinical objectives

ROOM 2

11.50 - 13.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Integrative Processes and treatments”

Chair: Maurizio Episodio

Co-Chair: Giammaria Fiorentini

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min

Katia Belvedere - Integrating conventional and complementary treatments in cancer care: the process within the public healthcare system of the region of Tuscany, Italy

15 min

Giammaria Fiorentini - Integrative hyperthermia versus chemotherapy in patients with locally advanced pancreatic cancer: a multicenter retrospective observational comparative study on 217 patients

15 min

Jürgen Barth - Effectiveness of a mindfulness and relaxation app on distress in people with cancer (CanRelax)

15 min

Annamaria Di Palma - Ozone therapy in the management of collateral effects related to the use of hormone therapy in prostate cancer

Diet and cancer

15 min

Lorenzo Anelli - Don't eat what you want! 10 reasons why it is necessary to give the utmost importance to nutrition in colorectal cancer

ROOM 3

11.50 - 13.00

COVID 19 AND OTHER (POST) INFECTION DISEAS

“Complementary Integrative Medicine in post-COVID 19 symptoms”

Chair: Erik Baars

Co-Chair: Matthias Kröz

15 min

Chunli Lu - Chinese herbal medicine Shufeng Jiedu capsule for patients with mild to moderate coronavirus disease 2019 (COVID-19): a two-center, randomized, double-blind, placebo-controlled trial

15 min	Hongguo Rong - A scoping review of Chinese medicine for monkeypox: suggestions from other contagious viral pox-like diseases
15 min	Arndt Büssing - Wondering awe and gratitude buffers yoga practitioners' psychological wellbeing during the COVID-19 pandemic - Findings from three consecutive cross-sectional surveys
15 min	Chunli Lu - Traditional, complementary and integrative medicine for dermatoses related to human coronavirus infection: a systematic review

ROOM 5

11.30 - 13.40	Excellent graded poster session <i>Chair:</i> <i>Co-Chair:</i>
10 min	Claudia Canella - Participatory evidence synthesis in multiple sclerosis and complementary therapies (PEMS)
10 min	Ilaria Demori - Lifestyle and eating habits among fibromyalgia patients: results from a questionnaire study
10 min	Anne Schirmaier - Experiencing a therapy-accompanying dietary change to a whole food plant-based diet in juvenile idiopathic arthritis (JIA): A qualitative study as part of the NutriJIA study
10 min	David Steinhorn - Enhancing Psychological Resilience in a High School Setting Through a Program of Rhythmic Drumming for Mindfulness
10 min	Dusan Vesovic - Detoxification, personalized supplementation, and diet change may significantly reduce the level of fatigue
10 min	Lisa Taylor-Swanson - Designing and delivering a feminist research-informed return of results to midlife women: An intersectionality method to understand and 'foreground' marginalized voices

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

10 min

Dana Dharmakaya Colgan - Pain-Related Evoked Potentials Predict Chronic Pain Status and Correlate with Interoceptive Awareness

10 min

Marleen Schröter - A custom tailored, evidence-based, theory-informed intervention with mind-body elements to prevent burnout and reduce stress for healthcare professionals: Study protocol for a feasibility trial

10 min

Gabriele Rotter - Hypnotherapy, intermittent fasting and exercise group programs in atopic dermatitis - a randomized controlled explorative clinical trial during the COVID-19 pandemic

10 min

Simone Schönfeld - Effectiveness of a Mindfulness Intervention Comprising an App, Web-Based Workshops, and a Workbook on Perceived Stress Among Nurses: Results of two Randomized Controlled Trials

10 min

Kieran Cooley - Dietary counselling plus omega-3 supplementation in the treatment of generalized anxiety disorder: Protocol for a randomized wait-list controlled pilot trial (the "EASe-GAD Trial")

10 min

Tae-Young Choi - Acupuncture for managing cancer-related fatigue in breast cancer patients: A systematic review and meta-analysis

10 min

Anheyer Dennis - Capoeira and its health effects on physical and mental outcomes - a systematic review and meta-analysis

ROOM 6

11.50 - 13.30

HOLISTIC INTEGRATIVE TREATMENTS

Chair: Nina Vollbeh

Co-Chair: : Massimiliano Scapecchi

15 min

Doris Lieth Peçanha - Students quality of life: assessment intervention with yoga

15 min

Maurice Van den Bosch - A.R.I.S.E. Standing Yoga for improved self-care and resilience of healthcare professionals

15 min

Fausta Romano and Anna Siniscalco - An Integrated Tai chi Chuan-Psychoanalysis Training Model. A Pilot Experience

15 min

Massimiliano Scapecchi - Facial Reflexology as a mindfulness technique in oncology

15 min

Jacson Nesi - Osteopathy and Medical Rationalities

15 min

Nina Vollbehrr - The ethics of yoga in (mental) healthcare: beyond the traditional Eightfold path

ROOM 7

11.50 - 13.30

“Towards the foundation of the European Network of Integrative Oncology”

EUROCAM, ARTOI, CRMI Tuscany e KIM Baden - Württemberg

Elisa Baldini - EUROCAM

Massimo Bonucci - ARTOI Foundation

Elio Giovanni Rossi - Tuscan regional centre of integrative medicine

Thomas Breitreuz - Competence Network on Integrative medicine in Baden-Württemberg

ROOM 8

11.50 - 12.50

INTEGRATIVE PEDIATRIC ONCOLOGY

Chai: Massimo Bonucci

Co-Chair: Ricardo Ghelman

15 min

Nirupa J. Raghunathan - Integrative Pediatric Oncology at Memorial Sloan Kettering Hospital

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min	Georg Seifert - Integrative Pediatric Oncology at Charité Universitätsmedizin Berlin, Department of Pediatrics, Division of Oncology and Hematology
15 min	Chen Yun - Integrative Oncology for Childrens at Shandong University
15 min	Paula Lage Pasqualucci - Integrative Pediatric Unit in the São Paulo University Hospital of Pediatric Oncology ITACI
15 min	Raviv Peleg - Pediatric integrative oncology program in Schneider Children's Medical Center
15 min	David Steinhorn - Supporting the Human Spirit through Transpersonal Integrative Medicine at Capital Caring Health
10 min	Discussion Q&A

ROOM 9

ROUND TABLE BREAKFAST WITH STUDENTS

ROOM 10

ROUND TABLE BREAKFAST WITH NURSES

ROOM 11

11.50 - 13.05 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Nadine Ijaz

Co-Chair: Anne Leis

15 min **Guoyan Yang** - Effects and mechanisms of Tai Chi on mild cognitive impairment and early-stage dementia: A scoping review

15 min **Rogier Hoenders** - An outpatient clinic for integrative mental health: patient characteristics and health outcomes based on patient reported routine outcome monitoring data

15 min

Anne Leis - Effectiveness of Integrative Medical Care For Adult Depression: A Quasi-Experimental Study

15 min

Ana Paula Simões-Wüst - Bryophyllum pinnatum and improvement of nocturia and sleep quality in women: a multi-centre, non-randomised prospective trial

15 min

Raymond Landgraaf - Acupuncture and low-carb diet: an innovative and non-invasive treatment for obesity

15 min

Francesco Macrì - One Health model and Integrative Medicine

13.30

POSTER AWARDS & CLOSING CONGRESS



present



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